PRODUCED BY
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The National Poisons Information Service (NPIS) is a network of dedicated units commissioned by Public Health England on behalf of the UK health departments. The NPIS provides information on the diagnosis and management of poisoning to health professionals in the UK.



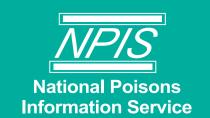


Low Toxicity Substances





Low Toxicity Substances



If ingested: These substances are considered to be of low toxicity when ingested acutely and in small amounts. They may cause mild

gastrointestinal upset but other features are unlikely to present

What to do: A small glass of water (or milk or juice) may be given if there is mild gastrointestinal upset

If considerable quantities are ingested or symptoms other than mild gastrointestinal upset are present, consult

TOXBASE® (www.toxbase.org), contact the NPIS (0844 892 0111) or refer to hospital as appropriate

Plants

African violet (Saintpaulia ionantha)

Begonia Cacti

Carnation (Dianthus)

Christmas cactus (Schlumbergera bridgesii)

Dandelion (Taraxacum officinale)

Daisy (Bellis perennis)

Fuchsia

Geranium (Pelargonium species)

Hawthorn (Crataegus monogyna)

Holly (Ilex aguifolium)

Honeysuckle (Lonicera species)

Jasmine

Marigold (Calendula officinalis)

Nasturtium (Tropaeolum majus)

Pansy (Viola tricolor)

Petunia

Primrose (Primula vulgaris)

Rose (Rosa species)

Rowan (Sorbus aucuparia)

Snapdragon (Antirrhinum majus)

Spider plant (Chlorophytum comosum)

Star Gazer Lily (Lilium speciosum)

Violet (Viola tricolor)

In the Garden

Animal urine/faeces

Bird faeces

Compost

Dog and cat faeces (less than 10 days old)

Grass

Slugs, snails and worms

Small dead insects or spiders

Pharmaceuticals

Amoxicillin*

Antacids (eg Rennie®)

Aqueous cream

Calamine lotion

Cough sweets/lozenges

Evening primrose oil

Flucloxacillin*

Folic acid

Guaifenesin-only cough preparations

Hormone replacement therapy (HRT)

Homeopathic preparations

(*not* herbal remedies)

Hydrocortisone cream

Kaolin

Nappy rash cream

Oral contraceptive pill

Petroleum jelly (eg Vaseline®)

Prednisolone

Pyridoxine

Sudocrem[®]

Thiamine

Vitamins B, C and E

Zinc oxide cream

Witch hazel

* Unless more than 20x the usual daily dose has been taken, when referral to hospital is appropriate.

Animal and Plant Food

Bird seed

Cut flower food

Fish food

(eg Phostrogen® and Baby Bio®)

Cosmetics and Toiletries

Baby wipes

Bubble bath*

Deodorant, non-aerosol

Hair conditioner/shampoo*

(not insecticidal or medicated)

Liquid soap*

Moisturiser/hand cream/body lotion

Nail glue

Shaving foam*

Shower gel*

Solid cosmetics

(eg lipstick, ChapStick® and foundation)

Solid soap*

Suntan lotion and cream

Substances marked * may produce foam if ingested in large amounts. There is a small risk of aspiration into the lungs if vomiting occurs.

Cleaning Products

Air freshener, non-aerosol

(*not* reed diffusers)

Household liquid carpet cleaner*

Fabric conditioner

(not concentrated) (less than 7.5% cationic surfactants)*

General household cleaning liquid (excluding Zoflora® products)

Washing up liquid*

(not machine dishwasher products)

Substances marked * may produce foam if ingested in large amounts. There is a small risk of aspiration into the lungs if vomiting occurs.

Craft Items

Ball point pen ink

Blu Tack[®] and similar preparations

Chalk

Children's paints

(including face, powder and poster)

Crayons (wax)

Crepe paper

Felt tip pen ink

Gel pen ink

Glue (water based or PVA)

Pencil lead (graphite)

Miscellaneous

Artificial sweeteners

Bubble liquid*

Candles

Chewing gum (nicotine-free)

Coal and artificial coal

Fake snow

Foil

Food packaging/sweet wrappers

Glitter

Human urine/faeces

Indoor emulsion paint

Luminous glowsticks/necklaces

Mouldy, out-of-date or raw food

Newspaper

Polystyrene

Sand

Silver paper/foil

Silica gel (desiccant sachet)

Teething rings

Tinsel

Substances marked * may produce foam if ingested in large amounts. There is a small risk of aspiration into the lungs if vomiting occurs.

Cat and dog food

House plant food